

RIVER EAST SCHOOL

POLICIES AND PRACTICES

WHAT CAN WE DO?

FAMILIES

- Monitor your health daily
- Do not engage in high risk behavior
- NO non-essential travel
- Practice mask-wearing & physical distancing as a family
- Wash hands regularly with soap and water for 20 seconds, esp. after being in a public place, after blowing your nose, coughing, or sneezing.
- Self-isolate if any risk of exposure
- Practice self care & maintain your physical & mental health

RES

- Specialized cleaners after hours
- Regular sanitizing of materials & surfaces throughout the day, esp. during mealtimes & toileting
- Proper airflow & ventilation
- Adequate space for children's activities
- Emphasis on outdoor activities
- Access to sinks & hand sanitizer
- Eliminate high-touch areas (touchless lights, soap, etc.)
- Get creative to design spaces & experiences that support physical distancing while still encouraging social connection

WHAT DOES THIS LOOK LIKE IN PRACTICE?

RES FAMILIES

- Daily health checks (AM & PM, incl. weekends) reported to RES for every individual in household
- Will keep child home if anyone in household shows symptoms
- Commitment to community health & safety agreements
- Communicate with RES openly & consistently re: family risk levels (i.e., work, travel, etc.)
- Drop off & pick up in designated spaces at specified times

RES OPERATIONS

- Abide by current guidance from CDC, Health Dept, & Licensing
- Regular COVID testing for staff
- All adults on premises wear proper PPE at all times & undergo daily health screenings
- Communicate openly & promptly with RES community re: COVID health & safety
- Individualized food servings for children with disposable containers
- Individualized art trays for children
- Increased communication with RES families to ensure visibility into daily life of classroom (i.e., monthly Q&A)
- No adults on site other than RES staff
- Children encouraged to wear masks
- Modified pick up & drop off procedures to ensure health and safety

RES: LEVELS OF RISK

*WITH PROPER PRECAUTIONS (PHYSICAL DISTANCING, MASKS, HANDWASHING, ETC.)

FACTORS:

ENCLOSED SPACE

DURATION OF INTERACTION

CROWDS

FORCEFUL EXHALATION

LOW RISK

- STAYING AT HOME
- WALKING OUTDOORS
- PICKING UP TAKEOUT
- ORDERING DELIVERY
- RUNNING & BIKING

MODERATE LOW RISK

- GOING CAMPING OR TO AN AIRBNB
- GOING TO THE BEACH OR PARK
- GOING GROCERY SHOPPING

MODERATE RISK *THIS IS THE HIGHEST RISK WE WILL ACCEPT AT RES*

- VISITING OUTDOORS WITH NEIGHBORS
- SENDING YOUR CHILD TO RES
- GOING TO THE DOCTOR'S OFFICE
- PLAYDATES W/RES FAMILIES

MODERATE HIGH RISK *QUARANTINE FOR 14 DAYS/COVID TEST*

- VISITING INDOORS W/ FRIENDS FROM OUT OF TOWN
- OUTDOOR DINING IN CLOSE PROXIMITY TO OTHERS

HIGH RISK

QUARANTINE FOR 14 DAYS/COVID TEST

- TRAVEL BY AIR, TRAIN OR BUS
- LARGE PUBLIC GATHERINGS (CONCERTS, CHURCH, MOVIE THEATERS, BARS, PROTESTS)
- GOING TO HAIR/NAIL SALON OR GYM/FITNESS CLASSES
- CONTACT WITH POTENTIAL OR CONFIRMED CASE OF COVID-19

RIVER EAST SCHOOL

SCENARIOS & ACTION PLANS

Scenario #1: RES Community Member becomes confirmed case

Community members are children, parents, family household members, staff and staff household members

****If this happens, the Case will receive a formal contact tracer from the health department, and then each family will likely receive a phone call from the contact tracer to inform them of the situation. This will be IN ADDITION to the RES notification processes.**

*****Again, this is all protected information under HIPAA, so you can be assured that we will not disclose the name of the Case.**

- RES quarantines for 14 days.
- Everyone is monitored and gets tested, allowing 2 to 5 days for viral load buildup.
- Those without signs/symptoms and/or a negative test return after 14 days.
- Anyone with signs and symptoms will isolate for a minimum of 10 days **AND** until no one in the household has had a fever for 72 hours without fever reducing medication **AND** signs and symptoms are improving.

Scenario #2: RES Community member becomes a contact

- RES quarantines for 14 days.
- The RES Community Member and their household is monitored. If signs and symptoms arise, they will get tested.
- If positive, we switch to **Scenario #1**.
- If signs and symptoms arise more than 2 days into the quarantine, they were not infectious in school, and RES can reopen.

Scenario #3: RES student or staff member has fever (100.4 or above)

- We assume that it is COVID-19, and begin quarantine as a RES community for 14 days.
- If teacher or child is still sick and/or has fever (100.4+) after 72 hours, they are likely to be a case and RES switches to **Scenario #1**.
- Teacher and/or child should get tested to confirm.

- If they are negative, RES can reopen and the individual can rejoin physical school after 72 hours with no fever and without the aid of fever-reducing medication **AND** with signs and symptoms improving.

Scenario #4: RES parent or household member has fever (100.4 or above)

- Because children are likely to be asymptomatic, the child will be removed for 1 week.
- If a parent or household member is still sick and/or has a fever after 72 hours without fever reducing medication, they should get tested.
- If the result is positive, RES switches to **Scenario #1**.
- If it's negative, the child can rejoin after the household member has had no fever for 72 hours without a fever and without fever reducing medication **AND** signs and symptoms are improving.

Scenario #5: RES community member has symptoms, but no fever

- Teacher or child is removed for 1 week and symptoms are monitored.
- If during that week they or any household members develop a fever, RES switches to **Scenario #3**.
- The potential case should get tested if symptoms are still apparent after 72 hours.
- If the test is negative, and the parent, child or teacher is no longer sick (72 hours without a fever and no fever reducing medication **AND** signs/symptoms improving), the child or teacher can rejoin the physical classroom.
- If the test is positive, RES switches to **Scenario #1**.

RIVER EAST SCHOOL

RES COMMUNITY HEALTH & SAFETY AGREEMENTS

As a community of parents, children, staff, and the members of our households, we have established a set of agreements around health and safety.

- No travel by air, train, bus, long car trips (i.e., hotel stays and rest stops)
- Wear masks & physically distance when outside the house
- Daily health checks of all household members with reporting to RES
- Quarantine or self-isolate when necessary, according to RES guidelines and public health guidance
- Keep child home with any symptoms OR if any household member shows symptoms
- Communicate openly & frequently with RES team re: work, travel, appointments, etc.
- Follow procedures for pick-up & drop off times
- Avoid public gatherings & other activities deemed risky according to RES guidelines

These agreements are subject to change based on current health guidance and community feedback.